

## ABSTRACT

A frame signal (100) for communicating payloads (104, 110) of data includes a first payload field (104) and a first header field (102) with a first frame type indicator (120). The frame signal (100) also includes a second payload field (110) and a second header field (108) smaller than the first header field (102) that includes a second frame type indicator (128). The first payload field (104), first header field (102), second payload field (110), and the second header field (108) are encapsulated in a single frame (100) to provide multiple payload delivery with reduced overhead compared to individually transmitted single payload frames.